



## Peace of mind is a destination: this winter, with Club Med, live the true mountain experience

Just the mention of the word winter, and we can't wait for the season to begin!

Running through the snow, putting on your skis (or your après-ski boots!), and enjoying the wide range of winter wonderland delights in the mountains is something we all dream of. Whatever your thing – snowshoe walks, dizzying descents, hot chocolate by the fireside or a relaxing massage – you can head for one of Club Med's 13 resorts in the French, Swiss and Italian Alps, or one of our Club Med Exclusive Collection Chalets. In all these very special venues, G.O® and G.E® helpers are on hand to take care of everything so you can enjoy a high-flying holiday with a free spirit!



### Stays in the Alps: 100% fun, relaxation, and adrenaline highs

#### Exceptional locations, stunning landscapes

There's absolutely nowhere like the Alps for winter sports-lovers. Right across this huge mountain range, Club Med has 13 Resorts and outstanding Chalets right at the foot of the ski slopes. With the all-inclusive package by Club Med, everyone can enjoy the pleasures of the mountains at their own pace and with a free mind.

Club Med has breath-taking locations, with majestic views and direct access to some of Europe's most sought-after ski areas. In the French Alps, you can enjoy our Club Med La Rosière, Arcs Panorama, Alpe d'Huez, Peisey-Vallandry, Grand Massif Samoëns Morillon, Valmorel, Val Thorens Sensations, Val d'Isère, La Plagne 2100, Serre-Chevalier, and Arcs Extrême. Over in the Swiss and Italian Alps, winter sports-lovers can settle in at our Club Med Pragelato Sestriere or Saint-Moritz Roi Soleil. Those yearning for the «mountain chalet» experience will find just what they're looking for in our Club Med Exclusive Collection Chalets at Grand Massif and Valmorel.

## Premium, all-inclusive breaks with no limits on the range of things to do

These very special venues are all designed with one aim in mind: making sure you enjoy a premium stay in true 'free spirit' style. Right from arrival, a range of all-inclusive solutions offer visitors a whole bouquet of activities to enjoy:

- alpine skiing and snowboarding classes taught by qualified teachers (ESF in France, ESS in Switzerland and ESI in Italy).
- nordic Walking, a fast walking discipline that keeps you fit even as you enjoy the beautiful scenery.
- the Snow Motion® package combines half a day's skiing or snowboarding with half a day given over wholly to relaxation.
- the multi-board sports package is perfect for daredevil teens keen to ride the moguls and seeking freestyle thrills in the snow.

Simply get your equipment from the resort's Ski-Pro Shop, and you're good to go! With Easy Arrival service, you'll get your gear delivered directly to your personal locker in the ski room, ready for adventure!



## With Club Med, your holiday begins the moment you arrive

What if you could enjoy your holiday right from the word go, without having to worry about signing up the kids for activities like ski school, Baby, Petit, and Mini Club Med, or having to queue at the Ski Shop for their gear? Now, this can be more than a dream, thanks to our Easy Arrival service. To make it come true for you, simply register your options before you arrive, and let our G.O@s take care of the rest!

For more information, please visit [www.clubmed.us/L/easy-arrival](http://www.clubmed.us/L/easy-arrival)

Overlooking beautiful valleys, the magnificent terraces of Club Med's Resorts and Chalets offer the perfect setting for group Yoga classes where you can breathe in pure mountain air and relax. Our Yoga School by Heberson will be setting up its winter quarters at Club Med Alpe d'Huez, Arcs Panorama, and La Rosière. It's a great opportunity to sample a class in Vibhava yoga, a practice that teaches you to listen to your body and engage in deep relaxation – even as you build up muscle tone.

For more information, visit [www.clubmed.us/L/wellness](http://www.clubmed.us/L/wellness)



## Give the kids some memorable moments with family and friends!

After pioneering kids' clubs, Club Med is now proud to offer «Amazing Family» : a whole host of innovative parent-and-child activities where you can recharge your batteries with your tribe, have plenty of fun, and make some memories together. The ingredients? Games, challenges, teamwork, finding the child within us all, savouring delicious afternoon snacks, and putting on a great show!

Children ages 4 and up can join Mini Club Med and its «snow garden», all included in the cost of their stay. Properly prepared and outfitted by their dedicated G.O® helpers, they'll discover all the fun of the mountains in winter and enjoy their first taste of board sports, with our children's workers on hand to make sure they stay safe as they learn. They even have their own après-ski activities in the form of fun, creative workshops. Pre-teens and teenagers aged 12 and up will have a great time with Junior Club Med and Passworld, featuring board sports, snowboarding, and skiing.



### A supervision proposed from an early age

Between the ages of 4 months and 4 years (registration required – charges apply), Baby and Petit Club Med groups cater for children in calm, play-themed surroundings. A caring welcome awaits our youngest holidaymakers in a gentle, reassuring, and stimulating environment. The older ones will enjoy handicrafts as well as musical, artistic, and sports activities, offering plenty of stimulation.

For more information, please visit [www.clubmed.us/l/all-inclusive-resorts-for-families](http://www.clubmed.us/l/all-inclusive-resorts-for-families)

## Club Med hasn't forgotten the all-important après-ski, either!

After a bracing day outdoors, après-ski is all about good eating, relaxation, or partying, depending on your preferences!

Fitness activities such as Body Pump, water aerobics, and yoga are included at some club venues. Others provide muscle workout sessions in the mornings and active recovery sessions at the end of the day. Different destinations offer a range of ways to relax: for instance, guests may enjoy the stimulating heat of a steam room or sauna before taking a dip in the pool. The a-la-carte spa areas are an invitation to recharge your batteries, relax your muscles, and focus on your breathing. Guests will be in the very capable hands of our specialists, experts in releasing all sorts of tension.

There's good food, too! Enjoy all the wealth of local Alpine fare in Club Med's resort and chalet restaurants, with names to match: La Vanoise, La Trattoria, Le Mont Valaisan, and others. Get together with family or friends at the bar or enjoy hot chocolate or mulled wine together! Chill out in the evenings in comfortable lounges as you gaze out over the distant lights in the valley – or if you still have energy to spare, finish off the day on the dance floor!

When it comes to activities, our G.O® helpers' talents really come into their own as they provide entertainment for guests, accompanied perhaps by a DJ, circus artists, a magician, or dancers.



## Where can I go with Club Med?

### At La Rosière, the latest Club Med Resort: an exceptional destination where you can enjoy the French and Italian cultures.

Straddling France (La Rosière) and Italy (La Thuile resort), linked by the legendary Petit-Saint-Bernard Mountain Pass, the San Bernardo ski area offers 3,000 hectares and 152 km of ski slopes to visitors. It is in the heart of this white paradise that Club Med La Rosière opened its doors last summer. Clad in stone and wood, this elegant south-facing building (alt. 1950m) blends into the slope, just above the treeline. Overlooking the length of the Tarentaise valley and the Beaufortain mountain range, its style blends in perfectly with regional architecture. Its twofold culture is evident in the tastefully decorated bars and restaurants, where local specialties take pride of place alongside well-known mountain cuisine standards such as raclette, fontina, risotto, and fondue.



### Outfitting that reflects local history

The interior design is the work of Jean-Michel Villot from JMV Resort Architects, drawing inspiration from Savoyard and Aosta Valley traditions alongside a range of the region's distinctive cultural and geographical features. One such example is the fresco in the reception area telling the story of the valley, from Hannibal's crossing of the Alps with elephants through to the mountain airfield that formerly stood where the Resort is now. Both the materials and the colours used recall this history, and give each area of the Resort its own special atmosphere.

### Don't miss the Wellness space!

Mountain energy suffuses the Club Med Spa by Cinq Mondes, with the majestic Alps clearly visible through its vast picture windows. This haven of peace even offers a swim jet in the 20 meters long pool – complete with a view.

Meanwhile, the 160m<sup>2</sup> cardio training room awaits those keen to work on their muscle tone; and for those seeking to attain perfect harmony with their environment, there are group classes focusing on body and spirit: Aquadynamic™, soft fitness training, and more; Club Med La Rosière has also set aside a special 80m<sup>2</sup> space for its Yoga School by Heberon, with yoga workshops for all levels spanning everything from meditation to muscle exercises. With this accessible method, everyone can join in and make progress – both mentally and physically.



For more information, please visit  
<https://www.clubmed.us/l/wellness>

## Club Med Peisey-Vallandry: 9 months of work for even more pleasure

Club Med Peisey-Vallandry has no shortage of charms. At an altitude of 1600m, facing the Tarentaise valley and the majestic Mont Blanc, it's the gateway to Paradiski: 425km of ski runs and 2 maintained glaciers at an elevation of over 3,000m. Located in a charming Savoyard valley, the resort has been designed as an authentic alpine lodge, with several chalets featuring traditional architecture blending in naturally with the local village of Peisey-Vallandry.

As winter beckons, the resort is ready to welcome mountain-lovers like never before! After 8 months of work, no less than 35 new rooms are waiting for the guests from Christmas onward. The two main restaurant areas have also had a makeover. The La Vanoise restaurant has been redecorated and enlarged in keeping with the mountain spirit, featuring natural finish materials, dressed stone, birch trunks, and visible beams. The Pierra Menta now has a central fireplace, with new outfitting to accentuate its traditional Savoie bistro atmosphere: timbered roof, large windows, and cosy armchairs. The wine cellar is home to the best national and local vintages, as well as a selection of regional organic wines\* for guests to savour.

Club Med will now also be home to a new French spa brand, Sothys Paris, featuring all-natural products and a unique sensory experience, accompanied by a range of delightful beauty and wellness treatments.

*\*Alcohol abuse is bad for your health. Drink responsibly.*

**For more information, please visit**  
[www.clubmed.us/r/peisey-vallandry/w](http://www.clubmed.us/r/peisey-vallandry/w)



## Club Med Pragelato Sestriere: a new name for a redesigned resort

Club Med Pragelato Vialattea, a charming hamlet of little chalets, now has a new name more in keeping with its location: Pragelato Sestriere. Nestled in a peaceful Piedmont valley amidst an abundance of unspoilt nature, holidaymakers here live la Dolce Vita to the full. Follow in the wake of the great champions that have already passed this way as you slalom down the legendary slopes of Les Sestrières !

In April, Club Med embarked on a major renovation program. The La Trattoria restaurant, acclaimed for a menu replete with all the savours of Italy, is getting a 100 m<sup>2</sup> extension, as well as a new, friendly ochre and orange colour scheme. There's a bar now, too, as well as a spacious patio area. La Tana, home to the authentic 'Piedmont diner' experience, is also benefiting from an up-to-the-minute makeover in baroque chic style.

The Spa by Payot facility is gaining an extra treatment booth – and pedicure/manicure care, to make sure you stay beautiful to the tips of your toes! Those keen to work out will enjoy the brand-new fitness room, equipped with professional cardio training apparatus.

**For more information, please visit**  
[www.clubmed.us/r/pragelato-vialattea/w](http://www.clubmed.us/r/pragelato-vialattea/w)

## Enjoy the mountains in complete safety with Club Med



As part of our « Safe together » safety and hygiene protocols, Club Med has implemented specific measures in all our Mountain Resorts to make sure everybody enjoys their stay to the full in complete safety. Club Med's all-in package ensures you have a hassle-free holiday experience. Winter sports equipment is prepared beforehand and placed in your locker in the ski room. Check-in and check-out are electronic; you'll receive your pass on arrival. Enhanced cleaning and disinfection protocols are in place in all thoroughfares. Class starting times have been staggered to keep queues to a minimum. Face coverings must be worn when in groups, during group ski lessons, and on ski lifts. Spacing between tables has been increased in our restaurants from 1m to 1.50m, and catering area opening times have been extended to ensure guests can enjoy their meal in ideal conditions.

For more information, please visit <https://www.clubmed.us/L/safetogether>

For more information, please visit:

<https://clubmed.us/>

Selections of visuals are available here:

Club Med La Rosière : <https://dream.clubmed.com/b3rB422ah>

Club Med Peisey-Vallandry : <https://dream.clubmed.com/bKhTuC3AD>

Club Med Pragellato Vialattea : <https://dream.clubmed.com/buNIDj8sJ>

For all Club Med news, go to



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### About Club Med

Club Med, founded in 1950 by Gerard Blitz & Gilbert Trigano, invented the all-inclusive holiday club concept, adding in activities especially for children with the creation of the Mini Club in 1967. Led by its pioneering spirit, Club Med seeks out exceptional destinations and sites.

Thanks to the support of its shareholder Fosun Tourism Group and the implementation of the « upscale, global and Happy Digital » strategy, Club Med is now the worldwide leader of premium resort all-inclusive holidays with a French touch for families and active couples.

Club Med operates nearly 70 resorts, of which 80% of the capacity is classified Premium and Club Med Exclusive Collection.

Present in 32 countries around the world, Club Med employs nearly 25,000 Gentils Organisateurs (G.Os) and Gentils Employés (G.Es) worldwide committed, representing 110 nationalities.

